



DAY	ACTIVITY	*TERM TIME ONLY	TIME
MONDAY	TUMBLE TOTS*		9.00am - 4.00pm
	MIXED MARTIAL ARTS		5.00pm - 8.00pm
	VOLLEYBALL GROUP		8.10pm - 10.00pm
	GLOUCESTERSHIRE GA		7.00pm - 9.00pm
TUESDAY	FIT FOR LIFE (JON FRENCH)		9.45am - 10.45am
	TUESDAY WALKERS (MEET OUTSIDE)		10.00am - 11.00am
	DANCE FITNESS/GOLD/PILATES (RUTH)		11.00am - 11.45am
	FUN FRIENDSHIP AND FOOD		1.00pm - 2.30pm
	BABY GROUP/BABY WEIGH IN		1.00pm - 3.00pm
	SUPER STRIKERS (ASHLEY)(2-5 year olds)*		1.00pm - 2.00pm
	DANCE FITNESS (RUTH)		6.15pm - 7.00pm
	MAN UP - MENS MENTAL HEALTH GROUP		7.00pm - 8.30pm
PILATES-STRETCH TONE MOBILISE (RUTH)		7.15pm - 8.00pm	
WEDNESDAY	BREAST FEEDING SUPPORT NETWORK (ANNY)		10.00am - Midday
	WELLBEING WEDNESDAYS (GBG)		1.30pm - 2.30pm
	DIGI HUB IT SUPPORT		10.30am - 12.30pm
	KNIT & NATTER		2.00pm - 4.00pm
	U3A TABLE TENNIS		1.30pm - 3.30pm
	GBG GAMES SPACE		3.30pm-5.30pm
	WOMAN UP- WOMENS MENTAL HEALTH		7.00pm - 8.30pm
	LEGO CLUB		Monthly 7.00pm - 9.00pm
	COTSWOLD FENCING CLUB ADULTS		5.00pm - 10.00pm
THURSDAY	HUNGRY NO MORE FOODBANK		11.00am - 1.00pm
	BROMFORD HOUSING DROP IN		10.00am - Midday
	CARING FOR COMMUNITIES& PEOPLE DROP IN		Every 2nd & 4th Thurs 1.00pm - 2.00pm
	DANCE FITNESS/GOLD (RUTH)		10.00am - 10.45am
	VETERANS GROUP (CHRIS)		Last Thurs every month 12.30pm - 2.30pm
	FIRST THURSDAY GROUP		1st Thurs every month 2.00pm - 4.00pm
	SUPER STRIKERS (ASHLEY)*		5.00pm - 6.00pm
	DANCE FITNESS (RUTH)		6.00pm - 7.00pm
	GLOUCESTERSHIRE GA (THURS)		7.30pm - 9.30pm
FRIDAY	FIT FOR LIFE (JOHN FRENCH)		10.00am - 11.00am
	SUPER STRIKERS (ASHLEY)*		1.30pm - 2.30pm
	U3A TABLE TENNIS		11.30am - 1.30pm
	CRAFTERNOONERS GROUP		First 3 weeks of each month 2.00pm - 3.00pm
	YOUTH CLUB (9-13yrs)*		5.00pm - 7.00pm
SATURDAY	DANCE FITNESS (RUTH)		9.30am - 10.15am
	MIXED MARTIAL ARTS (SIMONE)		9.00am -12.45pm
SUNDAY	SUPER STRIKERS (ASHLEY)*		8.45am - Noon